

Total Treatment Plan Questionnaire

Completing this questionnaire honestly and accurately is the most important step in understanding your current state of health, so you can receive the greatest benefit from the **Total Treatment Plan**. This information is designed to help you get a “whole person” perspective. Seeing your complete health picture helps you and your health care professional identify the natural medicines and therapies best suited to the dynamic restoration of *your* health.

ALLERGY - General

Do you have hay fever?

Is your nose frequently stuffy?

Do you use an inhaler or breathing machine?

Do you have deep, croupy coughs?

Do you have chest pain due to breathing difficulties?

Do you have postnasal drip?

Do you cough or spit up phlegm?

Are you sensitive to animal hair/dander?

Do you have reactions to insect bites?

Do you have dry sinuses?

ALLERGY – Environmental/Regional

Do you react to tree pollen?

Do you react to flower, grass, or weed pollen?

Are you sensitive to household chemicals?

Are you overly sensitive to the environment?

Do you often sneeze when indoors?

Do you often sneeze when outdoors?

Do your eyes get irritated when outside?

Do you live/work in a moldy environment?

Do you have difficulty adjusting to a new climate or location?

Do certain fragrances give you headaches or make you nauseated?

ALLERGY – Food

Does your nose run after eating cheese or drinking milk?

Do you get stomach cramps after drinking cow milk or eating cheese?

ALLERGY – Food continued

Do you have any adverse reactions to meat or eggs?

Do you have allergic reactions to seafood?

Does your nose run or stomach hurt after eating wheat?

Do you get constipated after eating gluten products like breads, pastas, or grains?

Do you get headaches after eating or drinking certain foods?

Do you get lethargic or sleepy after eating?

Do you break out in hives after eating certain foods?

Do you react to eating nuts or seeds?

BRAIN

Do you suffer from poor concentration?

Do you suffer from loss of memory?

Do you suffer from confusion?

Have you been diagnosed with epilepsy?

Does your mind wander or feel sluggish?

Are you forgetful?

Do you have difficulty reading or writing?

Do you feel you have brain fog?

Do you have ADD or ADHD?

Are you hyperactive?

CHILDREN

Is your child a bed wetter?

Does your baby have colic?

Does your child get sore throats or swollen tonsils?

Does your child have attention deficit disorder and/or hyperactivity?

Does your child have problems with teething?

Does your child have recurring earaches and/or fevers?

Has your child ever been on antibiotics?

Does your child have recurring stomach aches?

CHILDREN continued

Has your child ever had reactions to vaccinations?

Does your child suffer from lack of appetite or excessive appetite?

CIRCULATION

Do you have any type of heart condition?

Do you have low blood pressure?

Do you have high blood pressure?

Do you have circulatory problems?

Are you often dizzy?

Do you get light-headed when standing quickly?

Do you have cold hands or feet?

Are you aware of your heart skipping beats?

Do you have nosebleeds?

Do you have varicose or spider veins?

CLEANSING & DETOX

Do you have a white coating on your tongue, or excessive plaque on teeth?

Do you have any tumors or abnormal growths?

Have you ever had chemotherapy or radiation treatment?

Is your abdomen distended, bloated, or sore?

Have you worked or lived in any toxic environments that you are aware of?

(Example: auto garage, chemical plant, beauty parlor, factories that use chemicals to create products like: paper, furniture, plastics, etc.)

Do you get headaches or congestion when indoors?

Are you frequently in contact with household chemicals and/or topical cosmetics?

Do you use a cell phone or computer more than 2 hours a day?

Do you have tics (twitching)?

Have you had reactions from vaccinations?

CONSTITUTION

Do you have unexplained chronic sickness or colds?

Have you taken the flu shot in the last three years?

Do you feel tired often?

CONSTITUTION continued

Do or did any of your immediate family members have cancer?

Do you have cancer or have you had it in the past?

Do you feel sick or uncomfortable in cold/dry environments?

Do you feel sick or uncomfortable in cold/damp environments?

Do you feel sick or uncomfortable in hot/humid environments?

Do you feel sick or uncomfortable in hot/dry environments?

Do you feel sick or uncomfortable due to changing seasons?

DIGESTION

Do you use laxatives or other methods to relieve constipation?

Do you often have diarrhea?

Do you have gallstones?

Do you have black, red, or bloody stools?

Do you have problems with hemorrhoids, rectal fissures, or polyps?

Do you have indigestion, belching, burping, or bloating?

Do you experience any pain or tenderness in your abdomen?

Have you ever had intestinal worms, itchy nose, or itchy rectum?

Do you ever feel nauseated, vomit easily, or suffer from motion sickness?

Do you have foul-smelling flatulence or stools?

ENERGY

Are you commonly tired or fatigued?

Do you feel muscle weakness?

Does eating relieve your fatigue?

Do you feel shaky when hungry?

Do you feel light-headed after eating?

Do you have excessive thirst?

Do you have increased urination after eating sugar?

Do you have constipation after eating white flour products (rice, bread, sweets, pasta) and/or sugar?

Do you experience jet lag?

Do you have difficulty adjusting to shift changes?

EYES

Do you wear corrective lenses?

How often do you use reading glasses?

Do you experience dry, itchy, red eyes?

Do your eyes water/tear easily?

Are you troubled with pink eye?

Do you ever have styes?

Do you have cataracts?

Do you have eye stress or strain?

Do your eyes fatigue easily?

Do you have macular degeneration?

IMMUNE

Are you bothered with viruses at various times of the year?

Do you have recurring infections, viral, bacterial, or fungal?

Do you have colds or flu more than once a year?

Do you cough or sneeze often?

Do you have laryngitis or hoarseness?

Do you have fevers?

Do you have sinusitis?

Do you have sore throats?

Are your glands often swollen?

Do you have sinus headaches?

MEN

Do you have prostate enlargement?

Do you have dribbling after urination?

Do you have an urgency to urinate?

Do you have erectile dysfunction?

Do you have premature ejaculations?

Do you have decreased sexual desire?

MEN continued

Do you have difficulty controlling sexual desire?

Do you have low sperm count?

Has your muscle strength decreased with age?

Do you have premature gray hair and wrinkles?

MIND & BODY

Do you smoke or chew tobacco?

Do you have agoraphobia: fear of crowds or going out of the house?

Are you unusually jumpy or easily alarmed?

Do you suffer from nervousness?

Do you have claustrophobia: fear of closed spaces?

Do you have signs of minor depression?

Do you have feelings of grief or guilt?

Do you have recurring fears or nightmares?

Do you have recurring fears or phobias?

Do you feel you are under mental or emotional stress?

PAIN

Does any part of your body experience numbness/tingling?

Do you have any back problems?

Do you suffer from muscle cramps or spasms?

Do your muscles get sore and/or weak?

Are your joints stiff in the morning?

Do you suffer from painful or swollen feet?

Do you have chronic headaches or migraine headaches?

Do you have teeth and/or gum pain or problems?

Do you have jaw pain?

Do you have pain from old injuries?

SKIN

Do you have acne?

Do you have premature aging and wrinkles?

Do you have athlete's foot?

Do you suffer reactions to insect bites or stings?

Do you have any pain or discomforts in or around scars?

Do you have excess body perspiration or excess body odor?

Do you have skin reactions to poison ivy, oak, or sumac?

Do you have oily, dry or itchy hair and/or skin?

Do you have cysts, warts, moles, liver spots, and/or fungus growth?

Do you have herpes or shingles, cold sores, fever blisters or canker sores?

SLEEP

Do you have insomnia?

Do you have electronic devices beside your bed, such as a cell phone or digital clock?

Do you have any abnormal sleep patterns?

Do you toss and turn?

Do you wake up out of breath?

Do you snore?

Do you have stuffy sinuses in the morning?

Do you wake up feeling exhausted or lethargic?

Do you have disturbing dreams?

Do you awaken suddenly from coughing or a choking feeling?

SPORTS

How difficult is it for you to define or tone your muscles?

Do you have any recent or old sports injuries?

Do you have muscle soreness, cramping, or tightness after exercising or sports activities?

Do you have poor circulation or body coldness?

Do you use high protein drinks or foods to enhance muscle growth?

Do you feel fatigued or winded after working out?

SPORTS continued

Do you feel light-headed during or after working out?

Do your hands feel weak or your muscles tremble during or after workouts?

Do you have difficulty with memory loss, confusion, or mental weakness?

Do you get back or joint stiffness after working out?

URINARY

Do you have frequent urination?

Do you ever lose control of your bladder or dribble when sneezing or laughing?

Do you have painful urination?

Do you have a burning sensation when urinating?

Do you have difficulty in starting the urine stream?

Have you had bladder infections?

Have you had kidney infections?

Do you have or have you ever had kidney stones?

Do you have other urinary tract disorders?

Do you have frequent low or mid-back pain?

WEIGHT

Are you overweight?

Are you underweight?

How often do you exercise?

How much water do you drink?

Do you crave starches or sweets?

Do you have an excessive appetite?

Do your feet or hands swell?

Do you have indigestion and/or constipation?

Do you eat when nervous?

Do you have edema or water retention?

WOMEN

Do you have recurring yeast infections?

Are you going through or having symptoms of menopause?

WOMEN continued

Do you have premenstrual syndrome?

Do you have menstrual pain, cramps, or irregularities?

Do you have breast cysts/lumps/mastitis?

Do you have tender or sore nipples and breasts?

Are you prone to miscarry and/or have problems with infertility?

Do you experience morning sickness with pregnancy?

Do you experience painful intercourse?

Do you have decreased sexual desire?

CANDIDA

Note: Because Candida overgrowth is so prevalent and can cause such a wide range of health imbalances, King Bio created a separate product line, called Aquaflo, for Candida related symptoms. Men, women, children, and even babies can have Candida, so please answer the following questions as well.

Do you crave sugar, chocolate, breads and/or pasta?

Do you ever feel dizzy, light-headed, or spacey?

Do you get shaky or irritable when hungry?

Have you taken antibiotics in the past three years?

Have you had athlete's foot and/or jock itch (men)? Yeast infections, or vaginitis (women)?

Do you have chronic rashes or itching?

Have you had skin or nail fungus?

Do you react badly to chemical odors or perfumes?

Have you been exposed to toxic metals?

(Example: mercury teeth fillings, old plumbing or paint, frequent seafood consumption)

Do you drink alcoholic beverages regularly?

Your Next Steps in the Total Treatment Plan

1. Now that you have completed the questionnaire, look below to see which four categories you scored highest in. These will be your Areas of Interest.

___ Allergy - General

___ Immune

___ Allergy - Environmental / Regional

___ Men

___ Allergy - Food

___ Mind & Body

___ Brain

___ Pain

___ Children

___ Skin

___ Circulation

___ Sleep

___ Cleansing & Detox

___ Sports

___ Constitution

___ Urinary

___ Digestion

___ Weight

___ Energy

___ Women

___ Eyes

___ Candida

2. Match your symptoms to the indications for use in the categories below in order to help you determine the formulas that may help correct your symptoms.
3. Now return to the website, www.kingbio.com, click on "Education," and then on "King Bio Natural Medicine Reference Guide." You may either print out this guide or download it to your computer. This guide contains information about homeopathy, King Bio, detailed indications for use, and complementary formulas for each product.
4. Order your top formulas on the King Bio website, or call your nearest natural food store to see if they stock your top four products. If not, ask if they could special order them for you. If you prefer to call in your order, our customer service representatives are here to assist you from 8:30 a.m. to 5:00 p.m. Eastern time, Monday through Friday.
5. Finally: Prepare yourself to experience your highest level of health.

Categories & Products

Allergy - General

Allergy & Hay Fever Reliever™

For temporary relief of head/nasal congestion, cough, mucous discharges, sneezing, sore throat, and red, itchy or watery eyes and/or ears.

Animal Hair & Dander Allergy Relief™

For temporary relief of skin irritations, respiratory difficulties, congestion, sinusitis, runny nose, itchy, watery eyes and sneezing from animal hair, feathers, and dander.

Asthma Symptom Relief™

For temporary relief of minor shortness of breath, wheezing, tightness in chest, congestion, bronchial irritation, and pain due to cough. Helps activate normal breathing. **Not intended as a substitute for standard medical care; intended to complement, not replace, proper medical treatment.**

Dust Mite & Roach Allergy Relief™

For temporary relief of congestion, itchy, watery eyes, difficult respiration, skin irritation, sneezing, coughing, muscle/joint pain and fatigue from dust or insects.

Fragrance & Phenolic Allergy Relief™

For temporary relief of irritation of respiratory tract, mucous membranes, skin and/or eyes. For headache, lethargy, minor anxiety, nausea, and reactions to fragrances, spices, and phenolics.

Total Mold Allergy Relief™

For temporary relief of sinus congestion, hypersensitivity, headache, watery eyes & nose, muscle/joint pain, fatigue, minor anxiety, sneezing, cough, and difficulty breathing.

Allergy - Environmental/Regional

Regional Allergies: Desert U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens in AZ, NM and desert areas of UT, CA, NV

Regional Allergies: Great Lakes U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens in MN, WI, MI, IA, MO, IL, IN, OH

Regional Allergies: Hawaii U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens found in Hawaii

Regional Allergies: Northeastern U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens in ME, NH, VT, MA, CT, RI, NY, NJ, PA, DE, MD, D.C.

Regional Allergies: Pacific U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens in WA, OR, CA, NV

Regional Allergies: Plains U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens in ND, SD, NE, KS

Regional Allergies: Rocky Mtns. U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens in CO, ID, MT, UT, WY, NV, OR, WA, AZ, NM

Regional Allergies: Southern U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens in AR, LA, MS, AL, GA, FL, TN, KY, WV, VA, NC, SC, MD, DE, D.C.

Regional Allergies: Southwestern U.S.™

For temporary relief of allergy symptoms including itchy, watery eyes, runny nose, sneezing, sore throat, congestion, cough, irritated skin, hoarseness, and headache. For allergens found in OK and TX

Allergy - Food

Allergy, Food & Chemical Relief™

For temporary relief of minor symptoms of congestion, headaches, gas, bloating, itchiness and mild swelling associated with the consumption of or exposure to certain foods or chemical irritants.

Dairy Allergy Relief™

For temporary relief of symptoms from dairy allergies or lactose intolerance: mucous congestion, sinusitis, runny nose, heartburn, skin irritations, earache, indigestion, and fatigue.

Egg & Meat Allergy Relief™

For temporary relief of headache, eczema, hives, respiratory difficulties, indigestion, diarrhea, and/or nausea caused by eggs and meats.

Grain & Gluten Allergy Relief™

For temporary relief of abdominal cramps, diarrhea or constipation, headache, skin irritations, nausea, indigestion, congestion, and sinusitis from grains and gluten.

Nut & Seed Allergy Relief™

For temporary relief of minor respiratory difficulties, skin irritations, headache, indigestion, abdominal cramps, diarrhea, nausea and sinus congestion from nuts, peanuts, and seeds. **Not intended as a substitute for standard medical care; intended to complement, not replace, proper medical treatment.**

Shellfish & Seafood Allergy Relief™

For temporary relief of minor symptoms of shellfish and seafood allergies, such as skin irritations, headache, indigestion, abdominal cramps, diarrhea, and nausea. **Not intended as a substitute for standard medical care; intended to complement, not replace, proper medical treatment.**

Brain

Mental Alertness™

For temporary relief of minor confusion and mental fatigue, loss of memory, absentmindedness, loss of concentration, confusion, loss of confidence, lack of willpower, lethargy.

Mental Calm™

Temporarily relieves symptoms of ADD, hyperactive mind, difficulty concentrating, forgetfulness, difficulty reading/writing. May help promote enhanced concentration and restful sleep.

Mental Alertness for Seniors™

Temporarily relieves age-related confusion, forgetfulness, low vitality, loss of confidence. Formulated to promote vigor and clarity of mind, and to strengthen memory and awareness.

Children

Attention & Learning Enhancement™

Temporarily assists slow or difficult comprehension, writing wrong words or syllables, oversensitivity, forgetfulness, lack of assertiveness, shyness, apprehension.

Bed Wetting™

For temporary relief of involuntary urination during sleep, urinary disturbances, and restless sleep.

Chicken Pox Symptom Relief™

For temporary relief of multiple symptoms including intense itching from skin rash and blisters, headache, fever, swollen glands, cough, sore throat, tummy ache, irritability, restlessness, fatigue, and loss of appetite.

Children's Appetite Enhancer™

For temporary relief of loss of appetite, aversion to foods, cannot bear sight or smell of food, gradual loss of weight from impaired nutrition.

Children's Appetite & Weight™

Temporarily assists with balancing the appetite control centers of the brain; reduces excessive appetite; eliminates peculiar cravings and stress eating; helps promote weight loss.

Children's Cough Relief™

For temporary relief from dry, barking, spasmodic, croupy, tickling, mucous, continuous coughs due to the common cold or inhaled irritants. **A persistent cough may be a sign of a serious condition. If cough persists for more than one week, tends to recur, or is accompanied by fever, rash, or persistent headache, consult a health care professional.**

Children continued

Children's Earache Relief™

For temporary relief of ear pain, inflammation, fever, discharge, congestion, sensitivity to noise, throbbing, ringing, buzzing, and humming associated with earaches.

Colic Relief™

For temporary relief of infant colic, abdominal pain, gas, cramping, flatulence, bloating, and irritability. Provides natural enhancement for digestive ability.

Teething™

For temporary relief of teething pain, swelling gums, delayed teething, low grade fever, restlessness, heavy salivation, irritability, and the desire to be held constantly.

Children's Fever Reliever™

For temporary relief of fever, sweats, chills, shakes, aches, vomiting, rheumatic pains, muscular soreness, nausea, faintness, lethargy, fears, irritability, and oversensitivity.

Newborn Tonic™

For temporary relief of self-limiting conditions of a newborn child, such as skin rashes, discoloration and other minor skin problems. If symptoms persist, consult your health care professional.

TonsilPlex™

For temporary relief of sore throat, congestion, inflammation, difficulty swallowing, associated fever, redness and burning, sensation of a lump in the throat, and mucus.

Children's Growth & Development™

Formulated to maximize children's growth potential and enhance development. Assists with stimulating the body's ability to digest, absorb, and use food.

Nosebleed Relief™

For temporary relief from nosebleeds caused by irritation or strain associated with colds, congestion, coughing, sneezing or menses.

Tummy Aches™

For temporary relief of nausea, vomiting, dizziness, weakness, loss of balance, aversion to food, headaches, hollow, empty, or sinking feeling, and pale or flushed skin.

Circulation

Artery, Cholesterol & BP™

Formulated to help tone the muscles of the heart and blood vessels. May help regulate blood pressure and circulation.

Heart Regularity™

Formulated to help the body regulate nerve impulses to the heart. May be helpful with lifelong arrhythmias.

Varicose Veins™

For temporary relief of cramping in lower extremities, aching or soreness in limbs, enlarged or congested veins, and tiredness in legs associated with varicose veins.

Cleansing & Detox

Acid Detox™

Temporarily assists with elimination of acid accumulations within the body associated with chronic conditions such as arthritis, fatigue, and headaches.

Additive & Preservative Detox™

Temporarily relieves gastrointestinal upset, hives, itching, headache, hyperactivity, irritability, nasal congestion, respiratory difficulties from food additives and preservatives.

Blood & Kidney Detox™

Temporarily assists the blood and kidneys with their normal processes of detoxification and drainage.

Caffeine Detox™

Headache, fatigue or hyperactivity, irritability, anxiety, mood changes, muscle pain, weak memory/concentration from caffeine allergy, sensitivity or withdrawal.

ChemoClenz™

For temporary relief of symptoms such as nausea and vomiting, sensitivities to odor, light or noise, fatigue, reduced appetite, dry mouth, coated tongue.

Cosmetic & Household Detox™

For temporary relief of headache, skin irritations, fatigue, dizziness, nausea, respiratory difficulties, body aches, weak memory from cosmetics & household chemicals.

EMF Detox™

For temporary relief of fatigue, headaches, nausea, rashes, ulcerations, loss of hair, reduced appetite, toxic or metallic taste in mouth, difficulty breathing, aches and pains.

Ileocecal Valve Detox™

For temporary relief of pain, pressure or sensitivities in the lower right portion of the abdomen. For associated symptoms such as dark circles around the eyes, toxic taste in the mouth, and bad breath.

Indoor Air Pollution Detox™

For temporary relief of symptoms due to indoor air pollutants: eye, throat and lung irritations, headache, breathing difficulties, fatigue, nausea, body aches and pains, and mild depression.

Liver Detox™

To assist the liver with the normal processes of detoxification and drainage.

Lymph Detox™

To assist the lymphatic system with the normal processes of detoxification and drainage.

Outdoor Air Pollution Detox™

For temporary relief of eye, throat and lung irritation, headache, breathing difficulties, body aches and pains, fatigue, weak memory/concentration, and minor anxiety.

Total Body Detox™

For temporary relief of fatigue, headaches, diarrhea, indigestion, mental fogging, insomnia, urinary tract dysfunctions. Also improves liver, kidney, and digestive functions.

VaccinoPlex™

For temporary, natural relief of ill effects from vaccinations: inflammations, irritations, reactions to puncture, fever, oversensitivity, fear, and anxiety.

Water Chemical Detox™

Temporarily assists with liver, bladder, vascular dysfunction, joint pain and stiffness, muscle weakness, reproductive difficulties, hives, itching, nervous system dysfunction.

Constitution

Constitutional Enhancer™

Formulated as a natural aid for strengthening the functions of immune, nervous, digestive, cardiovascular, respiratory, reproductive, urinary, musculoskeletal, and lymphatic systems. Assists with enhancing overall health.

Climate Adaptation: Cold & Damp™

Temporarily relieves symptoms due to cold, damp environments: swollen/cold/numb extremities, internal coldness, cough, difficult respiration, sore throat, swollen glands, back/neck/joint pain, irritability, and drowsiness.

Climate Adaptation: Cold & Dry™

Temporarily relieves symptoms due to cold, dry environments including: cold/numb/stiff extremities, cough, hoarseness, dry nose/lips, difficult respiration, tooth/head pain, blotchy skin and fatigue.

Climate Adaptation: Hot & Humid™

Temporarily relieves symptoms due to warm, damp environments including fatigue, nausea, appetite loss, internal heat & external chill, and inflamed mucous membranes.

Climate Adaptation: Hot & Dry™

Temporarily relieves symptoms due to hot, dry environments: dry lips/throat, itchy skin, excessive perspiration, mind & body weakness, dizziness, thirst, difficulty sleeping.

Weather Changes™

Temporarily relieves symptoms due to changing environments: stiff, painful limbs/joints/bones/scars, allergy/cold/flu symptoms, dry lips, fatigue, congestion, and headache.

Digestion

Constipation Relief™

For temporary relief of occasional constipation and irregularity; enhances natural urge and peristaltic action.

Diarrhea Relief™

For temporary relief of symptoms of diarrhea including loose stool, cramps, gas, bloating and general discomforts, mucous-like stools, diarrhea from certain foods or emotions.

Foul Bowel™

For temporary relief of toxic bowel with bloating, gurgling, foul smelling flatulence, foul smelling stools.

Gallbladder Formula™

For temporary relief of bloating, gas and abdominal discomforts following eating; assists natural gallbladder function.

Heartburn Reliever™

For temporary relief of acid reflux, burning pain, sour stomach, belching, indigestion, nausea, stomach spasms, and stomach distention.

Hemorrhoid Relief™

For temporary relief of minor rectal itching, burning, aching and splintering pain associated with blind or protruding hemorrhoids.

Digestion continued

Indigestion Relief™

For temporary relief of gas, bloating, indigestion following food or drink consumption, sleepiness after eating, hiccoughs.

Paralixer™

For temporary relief from the symptoms of parasites and worms, intestinal irritation, constipation, appetite swings, night cough, dark or blue circles around the eyes, and bad breath.

Lower GI Relief™

For temporary relief of symptoms of lower gastrointestinal distress, including constipation, gas, bloating, diarrhea, abdominal cramping, gastrointestinal inflammation.

UlcerPlex™

For temporary relief of minor symptoms of burning, gnawing, or radiating pains and discomforts in the stomach area.

Nausea & Motion Sickness™

For temporary relief of nausea, vomiting, dizziness and weakness associated with car, sea, air or general motion sickness.

Upper GI Relief™

Temporarily relieves symptoms of upper gastrointestinal distress, including heartburn, gas, bloating, belching, stomach pain, nausea, vomiting, slow digestions, and excessive appetite.

Energy

Fatigue Reliever™

For temporary relief of fatigue due to overwork or loss of sleep, nervousness, exhaustion, indifference, muscle weakness, or dullness.

Jet Lag & Shift Change™

For temporary relief of minor fatigue, sleeplessness, irritability and nervous tension associated with travel, jet lag, shift changes and other sleep pattern disturbances.

Eyes

Allergy & Red Eye Relief™

For temporary relief of discomforts associated with eye allergies and red eye: dry, itchy, swollen, inflamed, burning, irritated, watery, mucousy, eye secretions and spasm of the lids.

Stye Relief™

For temporary relief from styes or hordeolums, including swollen lids, itching & burning, redness, sensitivity to touch, discharges, pain, inflammation, and stinging.

CataClenz Eye Relief™

Temporarily assists with mineral utilization for relieving symptoms of common eye irritations: tearing, itching, light sensitivity, easily fatigued, cloudy vision, and discharge from eyes.

Eye Stress™

For temporary relief of tense, tired, irritated, red, itchy, and burning eyes due to eye strain, stress, and overuse. For intolerance to artificial light and eyes that easily fatigue.

Immune

Colds & Flu Relief™

For temporary relief of fever, chills, achiness, nausea, fatigue, headaches, congestion, coughs, and sneezing. May be helpful in preventing cold & flu symptoms when taken at the beginning stages.

Head Colds Relief™

For temporary relief of runny nose, congestion, sneezing, chest discomfort, cough, weakness, headache, sore throat.

Sinus Relief™

For temporary relief of symptoms due to inflamed sinuses, hay fever or upper respiratory allergies, including runny nose, sinus congestion, sinus pain, pressure, and headache, mucus drainage, and stuffy nose.

Yeast Freee. . . ®

For temporary relief of yeast or fungal overgrowths in both male and female, yeast infections, and the symptoms of fatigue, congestion, headaches, indigestion, poor bowel functions, and mold sensitivity.

Cough Relief™

For temporary relief of minor cough symptoms from the common cold or inhaled irritants: dry, barking, spasmodic, croupy, hoarse, brassy, excess mucus, tickling, or hacking coughs. Helps control the intensity. **A persistent cough may be a sign of a serious condition. If cough persists for more than one week, tends to recur, or is accompanied by fever, rash, or persistent headache, consult a health care professional.**

Lungs & Bronchial Relief™

For temporary relief of minor symptoms due to difficult breathing, including lung and bronchial congestion, wheezing, hoarseness, coughing attacks, and mucous congestion. **A persistent cough may be a sign of a serious condition. If cough persists for more than one week, tends to recur, or is accompanied by fever, rash, or persistent headache, consult a health care professional.**

Sore Throat & Laryngitis™

For temporary relief of minor symptoms of sore, dry, burning, tickling, hoarse throat and rough voice from overuse, laryngitis, loss of voice, clergyman's sore throat.

Fever Reliever™

For temporary relief of fever, sweats, chills, shakes, aches, vomiting, rheumatic pains, muscular soreness, nausea, faintness, lethargy, fears, irritability, and oversensitivity.

Multi-Strain Flu Relief™

For temporary relief of flu-like symptoms including: fever, chills, nausea, vomiting, headache, sneezing, runny nose, or sore throat, cough, diarrhea, and body aches.

Swollen Glands Relief™

For temporary relief of enlarged glands, swollen glands, painful glands, and inflamed glands of the neck, jaw, armpit, and groin area, associated with viral inflammations such as colds and flu.

Men/Women

Birth Ease™

Provides temporary, natural assistance for strengthening and toning of the female reproductive system in preparation for birth. Tones female organs. For pains during birth.

Female Discomforts™

For temporary relief of vaginal discomforts: itching, burning, discharges, general soreness, dryness, and inflammation associated with vaginal yeast infections or cervical irritations.

Bone Strengtheners™

Assists in the assimilation of minerals for bone strength. Helpful with the discomforts of malnutrition of bones, fractured bones, bone pain, and weak spine.

Female Libido™

For temporary relief of symptoms: lack of sexual vitality, aversion to sexual intercourse, diminished desire, and painful intercourse. A natural aid for strengthening and toning the female reproductive system.

Breast Inflammations & Discomforts™

For temporary relief of inflammation, mastitis, tenderness, lumpiness, hardness, soreness, irritated nipples from nursing, and sagging or shrinking breasts following nursing.

FertiPlex™

For temporary relief of vaginal dryness or discharge, sensitive vagina, itching of female genitals associated with sexual activities, and irregular cycles. May help restore female fertility.

Men/Women continued

GHG Triple Potency Anti-Aging™

Helps increase lean body mass, decrease body fat, increase energy, improve weight loss, increase physical strength, improve sexual function, and improve sleep quality.

Male Libido™

Temporarily helps tone and strengthen the male reproductive system. Can also be helpful for women deficient in testosterone.

Menopause Relief™

For temporary relief of discomforts associated with menopause: hot flashes, sweats, chills, clammy skin, headaches, mood swings, sensitivity, and wanting to be alone.

Menstrual Cramps & Irregularities™

For temporary relief of cramps, aches and pains, abdominal bloating, heavy menstruation, backaches, headaches, irregular periods, and lack of flow.

Morning Sickness Relief™

For temporary relief of morning sickness, nausea, vomiting, belching, excess saliva, sinking feeling in stomach, tiredness, weakness, sensitivity to noise, and emotional sensitivity.

PMS Relief™

For temporary relief of mood swings, sensitivity, irritability, weariness, water retention, weight gain, bloating, headaches, swollen, sensitive breasts, and excessive hunger.

Prostate Symptom Relief™

For temporary relief of prostate symptoms: scanty urination, dribbling, burning, irritation, and premature impotence. To help tone and strengthen the prostate gland.

Mind & Body

9-1-1 Burnout™

For temporary relief of symptoms due to mental or physical burnout including weak memory, nervousness, nervous exhaustion, confusion, irritability, and lack of focus.

9-1-1 Stress Control®

For temporary relief of the following symptoms due to mental, emotional or physical stress: tension, nervousness, exhaustion, restlessness, apathy, irritability, over-sensitivity, fearfulness, body pains, or sleeplessness.

AddictaPlex™

Provides temporary relief from the symptoms of overconsumption of alcohol or other drugs. Supports brain and nervous system.

Anxiety & Nervousness™

For temporary relief of minor mood swings, fear, minor anxiety, nervousness, restlessness, stage fright, upset and tightness in stomach, worry, confusion, over-sensitivity to light, sound, and touch.

ClaustroPlex™

For temporary relief of minor mood swings, nervous tension and anxiety associated with being in small or closed areas.

Fears & Nightmares™

For temporary relief of frightening dreams, crying, talking, or screaming in sleep, restless tossing, anxiety, jerking, twitching, waking up terrified, general fears day or night, and phobias.

Fears & Phobias™

For temporary relief from fear of people, places, things, including being alone, crowds, public places, death, evil, ghosts, misfortune, poverty, dread of work, and suspiciousness.

Good Mood Enhancer™

Temporarily assists in controlling mood swings, melancholy, despondency, despair, sadness, hypersensitivity, and introspection. For easily offended feelings of worthlessness.

Grief & Guilt Reliever™

For temporary relief of minor emotional or physical conditions arising from grief, guilt, anger, shock or disappointment, emotional oversensitivity, discouraged, and non-communicative.

Mood Changes™

For temporary relief of self-condemning, disgusted feelings, feeling worthless, lacking in self-confidence, mood changes from joy to sadness, desires not to communicate.

Smoke Control™

For temporary relief of cravings for tobacco smoke and chew. Helpful for symptoms of headache, shortness of breath, cough, irritability, restlessness, and insomnia.

Pain

Advanced Arnica™

For temporary relief of symptoms due to injury or overexertion, bruises, muscle pain, inflammation, body aches, sprains, traumatic injury, redness and swelling, soreness after exercise.

Advanced First Aid™

For temporary relief of pain, infection, adhesions, and scarring from cuts, bruises, and other traumas to the skin and soft tissues.

Arthritis Pain & Joint Relief™

For temporary relief of symptoms due to arthritic pain, including inflammation, stiff and swollen joints, rheumatic pain, sore tendons and ligaments, contracted fingers, hip and joint pain, and knee pain.

Back, Muscle & Joint Relief™

For temporary relief of symptoms of stiff and swollen joints, back pain, body aches, muscle cramps, sprains, nerve injury, acute pain, muscle tension and soreness, tired legs and feet.

Earache Relief™

For temporary relief of ear pain, inflammation, fever, discharge, congestion, sensitivity to noise, throbbing, ringing, buzzing, and humming associated with earaches.

Ear Ringing™

For temporary relief of intermittent, continuous or pulsating sounds such as ringing, buzzing, hissing, and whistling. Acute sensitivity to sounds or hearing loss.

Gout Symptom Formula™

For temporary relief of symptoms of pain in the big toe, heel or foot; swelling, tender or itchy joints.

Hangover Relief™

Helps provide temporary relief, recovery and restoration from the symptoms and desires of over consumption of alcohol or other drugs. Helps relieve nausea and headaches.

Headache Relief™

For temporary relief of headache pains: throbbing, splitting, tight, bursting, dull, sick, sinus, congestive, morning headache, sun headache, and band feeling around the head.

Leg Cramp & Spasm Relief™

For temporary relief of general cramps in the legs, calves, feet or hands; including involuntary cramps that occur at rest or at night, and from overexertion as with athletes.

Migraine Relief™

For temporary relief of migraine, sick, throbbing, or occipital headaches, heavy head, band feeling around head, morning headaches, sun headaches, over half the head.

Restless Leg Symptom Relief™

For temporary relief of restless legs, compelling urge to move the legs; with heaviness, weakness, stiffness, numbness, uneasiness, twitching, drawing, jerking, burning, and cramping.

Sciatic Nerve Formula™

For temporary relief of symptoms of shooting pains, numbness, burning, tightness, spasms and muscle weakness of the leg associated with sciatica, phantom pains.

Teeth & Gums Formula™

For temporary relief of tooth or gum sensitivities, pains, discomforts that may be associated with cavities or dental procedures; helps strengthen loose teeth and bleeding gums.

TMJ/Jaw Formula™

For temporary relief of pains, inflammations, and muscle tension in the jaw area, facial pains of the jaw, facial neuralgias, rigid jaw muscles.

Skin

Acne Clear™

For the symptoms of acne, including pimples, blackheads, oily skin, skin eruptions, unhealthy skin, teenage acne, adult acne, skin inflammation, uneven skin tone, and menstrual breakouts.

Anti-Aging & Wrinkles™

May aid with premature aging, wrinkles, hair growth & color restoration. Temporarily helps to increase vitality, improve sleep, bone density, and increase sexual potency.

Athlete's Foot Fighter™

For temporary relief of the symptoms of athlete's foot, including itchy, burning, dry, sensitive, irritated, chapped, cracking or scaling skin of the feet. For brittle nails.

Skin continued

Bug Away™

For temporary relief of itching, swelling, irritations, and discomforts due to insect bites and stings. Helps discourage bugs from biting.

No Sweat Anti-Perspirant™

Formulated to help with internal control of excessive perspiration.

Scar Freee. . .™

Temporarily assists in the prevention and reduction of scar tissue. Reduces tendencies toward scarring and adhesions after operations.

Wart Freee. . .™

Formulated to help reduce warts on the hands, fingers, face, feet, and genital area.

Cold Sores & Herpes™

For temporary relief of cold sores and fever blisters. Relieves stinging, tingling, itching, and swelling of minor skin eruptions of the face or genitals associated with herpes simplex virus.

Odor Freee. . .™

For temporary relief of offensive body odors.

ShinglePlex™

For temporary relief of symptoms of herpes zoster (shingles). Intense itching, burning, ulcerated skin eruptions, and burning pain associated with herpes zoster.

Hair & Nails Formula™

For temporary relief of symptoms of dry, irritated, itchy or flaking scalp, dandruff, oily or dry hair. For rough, brittle or ingrown nails. Helps maintain fuller head of hair.

Poison Ivy & Oak Relief™

For temporary relief of minor swelling, discomfort, irritation, rash and itching due to poison ivy, poison oak, poison sumac, detergents, cosmetics and other irritants.

Skin Irritations & Itch Relief™

For temporary relief of skin irritations: irritated, red, burning, dry, rough, scaly, chapped, cracked skin, rashes, hives, eczema, psoriasis, unhealthy, lusterless looking skin.

Sleep

Sleep Aid™

For temporary relief of symptoms due to occasional sleeplessness, including restlessness, nervousness, exhaustion, excitability, and inability to fall or stay asleep.

Snore Control™

For temporary relief of excessive snoring.

Sports

Muscle Maximizer™

Formulated to stimulate the body's ability to digest, absorb and use food for muscle growth. Relieves muscle fatigue, stiffness, pain, weakness, trembling and weariness.

Sporting Edge®

For temporary relief of aches, soreness, bruises, tightness and stiffness in muscles and joints following sports activities or exercise; helps prevent excess lactic acid buildup.

Urinary

Bladder Incontinence™

For temporary relief of involuntary urination; urinary leakage with strain, sneeze, or laughter; frequent urination; burning when urinating; and associated back pain.

Urinary Tract Irritations™

For temporary relief of inflammation, burning, pain in kidney region, straining to urinate, frequent urination, and associated low back pain.

Weight

Appetite Enhancer™

For temporary relief of loss of appetite, no desire to eat, aversion to food, and inability to bear the sight or smell of food. Helps to naturally revitalize appetite.

Appetite & Weight with P.H.A.T.™

For temporary relief of excessive appetite, cravings, overeating, tendency to gain fat, cravings for sweets and starches, excess weight, abdominal fat, and water retention.

Water Retention™

For temporary relief of common water retention and edema in the hands, feet, legs, ankles. A natural diuretic.

Candida

Aquaflora High Potency 9™

For temporary relief of symptoms due to overgrowth of Candida albicans yeast, including yeast infections, thrush, nail fungus, constipation, headache, nausea, itchy skin, fatigue, diarrhea, flatulence, forgetfulness, sleeplessness, or cravings.

Aquaflora Heavy Metal Detox™

For temporary relief of symptoms due to heavy metal toxicity, including exhaustion, drowsiness, confusion, nausea, twitching muscles, swollen glands, stomach pain, vertigo, headache, chilliness, sore throat, unhealthy skin, cough, poor digestion, rheumatic stiffness, physical pains, sleeplessness, and hay fever symptoms.

Aquaflora Enzyme Restoration™

Temporarily relieves mucus inflammation of the digestive tract, heartburn, acid reflux, gas, bloating, bad breath, metallic taste, coated tongue, gastroenteritis, peptic and duodenal ulcers, ulcerative colitis and enteritis, gastric oversensitivity from abusive eating, weak digestion caused by the slightest error of diet, and stomach sensitive to pressure.

Aquaflora Probiotic Restoration™

Temporarily relieves intestinal imbalances, abdominal tenderness, IBS, bloating, rumbling in the bowels, colic, cramps, nausea, mucous inflammation, toxicity, diarrhea, constipation, and slow or incomplete digestion.