

## Homeopathy

### The logical first choice for heavy metal detoxification

“Heavy metals” is generally used to mean metals that are toxic to human health, such as mercury, cadmium, and lead. Mercury is extremely toxic, causing brain, neurological, and musculature problems. However, some metals, like iron, are healthful in small quantities but toxic in higher amounts. Balance is the key: enough of what we need but not too much.

#### How do people develop heavy metal toxicity?

We may absorb mercury from silver fillings and various vaccines. We may also absorb heavy metals via pesticides in produce, mercury in some fish, and arsenic in chicken. Antiperspirants and cosmetics may contain aluminum and other metals. Metallic elements are found in cookware, paint, fabrics, carpets, clothing, and cars. Even cell phone earpieces and cords from electrical appliances may be covered in lead.

#### Environmental sources of heavy metals

The largest contributor to mercury exposure worldwide is from power plants that burn coal. Metals commonly enter the system via avenues of industry (occupations, pollutants), agriculture (pesticides, herbicides), water (chemical additives, pollution, pipes from the city or housing), and air pollution.

No matter the source of the exposure, the end result may create multiple (sometimes difficult to trace) symptoms. Homeopathy has a long history of safely relieving the symptoms of heavy metal toxicity.



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Aquaflora® is manufactured by King Bio®, a USA-based, physician and family owned, FDA-registered pharmaceutical manufacturer. King Bio® is dedicated to the production of safe, natural medicines with no negative side effects or drug interactions. Every aquaflora® product is an FDA-listed, natural homeopathic formula. King Bio® products are manufactured in strict accordance with current Good Manufacturing Practices (cGMP) and FDA guidelines, with a National Drug Code (NDC) number assigned to each formula.

## Taste-free, pure water base

### Powerful homeopathic potencies deliver results

Heavy Metal Detox™ has 26 HPUS\* homeopathic active ingredients made in three powerful potencies of 10X, 30X & LM1. Dr. King discovered that this advanced, contemporary approach allows the body to use exactly what it needs from the 78 individual remedies, in order to restore balance and health.

Free of alcohol, sugar, and dairy, our unique, taste-free, Bio-Energetically Enhanced™, pure water based formulas offer an easy alternative to dropper bottles or tiny pellets, have a long, three-year shelf life, and are easy for the whole family to use. Just hold the bottle\*\* close to the mouth and spray the dose directly into the mouth. An adult dose is three complete pump sprays.

*\*Homeopathic Pharmacopoeia of the United States (recognized by the FDA)  
\*\*Our bottles are BPA-free PET #1, recyclable, and not associated with phthalate leaching.*

Dr. King, who founded King Bio® in 1989, is a dedicated practitioner, researcher, teacher, and author. His passion is empowering people with natural solutions for today's perplexing health issues. See Dr. King's Total Treatment Plan at [www.kingbio.com](http://www.kingbio.com).



by: **kingbio**

The Healing Revolution is here.™



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aquaflora®

Are you experiencing fatigue,  
metallic taste in the mouth,  
or poor digestion?



Heavy metal toxicity  
may be the problem.  
Aquaflora® may be your solution.

NO Alcohol • NO Dairy • NO Gluten • NO Sugar



## Heavy metal toxicity symptoms vary

Symptoms vary according to the metals and many other factors, including age and overall health. Symptoms may include:

- nausea
- dizziness
- eye pressure
- aching eyes
- sore throat
- stomach pain or burning
- prickling in tongue
- metallic taste in mouth
- vertigo
- nasal congestion
- twitching muscles
- sleeplessness
- headache
- minor anxiety
- skin irritations
- throbbing temples
- fatigue
- tremors
- poor coordination

### Dr. King's detoxification tips

Here are a few general detox tips. For serious health conditions, Dr. King advises working with your health care practitioner.

- Eat plenty of natural fiber such as green veggies (including cilantro) and whole grains to bind toxins in the colon for elimination.
- Drink plenty of pure water and lemon juice to help flush the kidneys.
- Consider including beets, milk thistle, dandelion greens, and carrot juice in your diet to help the liver and gallbladder.
- Perspiration and saunas help the skin eliminate toxins.
- Deep breathing and exercise help the lungs exhale more toxins.
- Consider adding citrus pectin, bentonite, or seaweed extract (alginate) to your diet, which may bind with and help carry out heavy metal toxins.
- Take antioxidants and other nutrients to keep the immune system strong.
- Get Candida overgrowth under control with aquaflora® High Potency 9™.

## Indications for use:

For temporary relief of symptoms of heavy metal toxicity, such as: headache, dizziness, metallic taste in mouth, nausea, eye pressure.

## Is there a connection between Candida and heavy metals?

Theories abound about a connection. It may be something of a “chicken and the egg” question. Does heavy metal toxicity cause Candida to overgrow, or does the overgrowth of Candida cause an increase of heavy metals in the body? Does Candida develop to surround heavy metals in order to “protect us” from the metal toxicity? Or do the heavy metals help the Candida grow by keeping the good bacteria numbers down? Scientists may go on debating the biology, but Candida and heavy metals do seem to have a connection.

## How can homeopathy help?

The guiding principle of homeopathy is “like cures like,” a principle still used today in modern pharmacology, known as the Law of Similars.

Homeopathy uses trace amounts of highly diluted and specially potentized substances. These substances are listed in the Homeopathic Pharmacopoeia of the United States (HPUS) and recognized by the FDA. In very high doses, these substances are toxic, but prepared homeopathically, they are safe. Prepared homeopathically, they help the body overcome symptoms of toxicity. Homeopathically diluted and potentized, these ingredients help the body overcome the same symptoms they would cause if taken in high doses.

For example, cutting an onion may produce the symptoms of watering eyes, sneezing, runny nose, and scratchy throat. These symptoms are similar to those of allergies or the common cold. The Latin name for red onion is *Allium cepa*. Prepared homeopathically, *Allium cepa* is helpful in overcoming symptoms of the common cold or allergies.

## Suggestions for detoxing

As toxins are dislodged, they must be ushered out of the body as quickly as possible so they can't do any more damage. Whenever detoxing, it is important to keep the avenues of elimination functioning at their best. The avenues of elimination are through the colon, the lungs, the skin, and the kidneys. (See sidebar for tips.)

## Dr. King suggests these potential complementary formulas\*

**Aquaflora®:** Enzyme Restoration™, Probiotic Restoration™, High Potency 9™  
**King Bio Natural Medicine®:** Blood & Kidney Detox™, ChemoClenz™, Constitutional Enhancer™, Cosmetic & Household Detox™, Ileocecal Valve Detox™, Indoor Air Pollution Detox™, Liver Detox™, Lymph Detox™, Outdoor Air Pollution Detox™, Total Body Detox™, VaccinoPlex™, Water Chemical Detox™

\*These formulas are suggestions, not requirements. Dr. King suggests these potential formulas for you to explore, since each person's health issues stem from specific situations unique to them. Learn more about which formulas may best address your health imbalances at [www.kingbio.com](http://www.kingbio.com). Check out the Clinical Reference Guide to learn more about homeopathy, symptoms, and our formulas.



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